Spectropolarimetry: a tool to characterize exoplanet host stars

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Magnetic fields and tidal locking – reconsidering the "habitable zone"



Magnetism evolves slowly in old stars





Stokes V signal (components)



Signals doppler shifted due to rotation

Stokes V signal (net)



Credit: Victor See

radial meridional (N-S) azimuthal (E-W)





Credit: NOAO

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Testing the Rossby Paradigm: Weakened Magnetic Braking in early K-type Stars

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Constraints on Magnetic Braking from the G8 Dwarf Stars 61 UMa and τ Cet

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The Origin of Weakened Magnetic Braking in Old Solar Analogs

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Magnetic and Rotational Evolution of ρ CrB from Asteroseismology with TESS

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solar analogs

G-type

late F-type Credit: NOAO

early K-type

late

51 Peg: (B_l, M, P_{rot}, R, M)



Direct estimates of wind braking torque



Metcalfe+2021, 2022, 2023a, 2024a, 2025

WMB in Sun ~ land-based life on Earth





~400 million years ago

Credit: NASA

Summary of conclusions

- At the onset of WMB, rotation and activity decouple as magnetic fields become weaker and more complex
- WMB begins before stars reach the Rossby number of the Sun, empirically near $Ro_{crit} \sim 0.92 \, \pm \, 0.01 \; Ro_{\odot}$
- The wind braking torque of the exoplanet host stars ρ CrB, 51 Peg, and τ Cet are all in the WMB regime
- Older stars may provide a more stable environment for the development of technological civilizations